Alyeska Center for Facial Plastic Surgery & ENT

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**Sculptra® Facial Treatment Care**

**Pre-Treatment Instructions**

* Discontinue aspirin 1 week prior to treatment.
* No alcohol consumption 24 hours prior to treatment.

**Post-Treatment Instructions**

* Massage each treated area for 5 minutes, 5 times each day, for 5 days.
* Ice each area after each massage for 1 minute per area.
* No alcohol consumption or strenuous exercise for 24 hours post treatment.
* Avoid sun (or heat lamp) exposure for 1 week post treatment.

If you have any questions or concerns, please feel free to contact our office at any time.